



A Quick Guide to Programs and Services Funded by First 5 Mono County FY 2016-17

Health		
Organization	Services	Target Population/Investment
Operated by First 5 Mono	<p>Welcome Baby! Program - Parent/Infant Home Visiting</p> <ul style="list-style-type: none"> ▪ Home visits for all Mono County pregnant women, babies, and their families ▪ Breastfeeding assistance ▪ Developmental assessments ▪ Postpartum depression education and referrals ▪ Parenting education ▪ Connections to essential community and family services ▪ Childbirth Education Courses in partnership with Mammoth Hospital <p>Parenting Partners</p> <ul style="list-style-type: none"> ▪ High needs Home Visiting Program for families with children ages 1-5 years who have a parenting challenge. 	Pregnant women and families with children ages 0 through 5
Operated by First 5 Mono	<p>Tooth Tutor Program – Helps families reduce the number of new and recurring dental cavities in children who have already experienced a high number of dental problems. Home visits by a bi-lingual health educator (the Tooth Tutor) who works directly with families to assess diet, teach proper oral hygiene, apply fluoride varnish, and provide dental supplies for the entire family.</p> <p>Oral Health Outreach and Education – Dental education, topical fluoride varnish application, and free dental supplies provided to all preschoolers, countywide. Facilitation of countywide oral health partnerships to serve children 0-5, including training of professionals to provide services and supports.</p>	<p>Children 1-5 yrs who have a high number of dental caries</p> <p>Children 0-5 and their families</p>
Operated by First 5 Mono	<p>Peapod Program – Parent/child playgroups are offered to provide parents an opportunity to enhance their child’s social and emotional development through play. Postpartum depression education and awareness, with links to mental health services, including funding support for those with no other source of payment. Groups held in Lee Vining, Crowley, Walker, Bridgeport, Tri-Valley area, and Mammoth (groups in English and Spanish).</p>	Children 0-5 and their families
Mammoth Hospital & Mammoth Hospital Auxiliary	<p>Kit for New Parents & Breastfeeding Bags – When new parents leave the hospital after birth, they receive a Breastfeeding Bag and a Kit for New Parents to support the family’s ability to breastfeed and have information to use in caring for their newborn.</p>	Parents of Newborns



School Readiness

Organization	Service	Target Population
Operated by First 5 Mono	Reader's Theatre – Early literacy program.	Preschools (providers, teachers, and children)
Mono County Library System	Raising A Reader Early literacy program designed to foster healthy brain development, parent-child bonding and early literacy skills critical for school success by engaging parents in a routine of daily book cuddling with their children from birth to age five.	Children 0-5 and their families
Elementary Schools	Summer Bridge Program & Kindergarten Assessments Kindergarten Transition Program held each summer on school campus, taught by K Teachers. Designed to help prepare for Kindergarten all children, especially those who are not yet developmentally prepared to enter school in the fall.	Children who will enter Kindergarten or Transitional Kindergarten in the fall
Elementary Schools & First 5 Mono	Kindergarten Round Up Kindergarten registration/information, k-readiness backpacks to every family, family outreach, linking teachers and administration with students and their families. Designed to provide a smooth transition to school.	Children who will enter Kindergarten or Transitional Kindergarten in the fall



Child Care Quality

Operated by First 5 Mono for Mono and Alpine Counties	Childcare Quality System—IMPACT Improve and Maximize Programs so All Children Thrive (IMPACT) has the goal of helping children ages 0 to 5 and their families thrive by increasing the number of high-quality early learning settings, including supporting and engaging families in the early learning process. Supporting more settings to achieve high-quality standards helps ensure more of California's children enter school with the skills, knowledge, and dispositions necessary to be successful. This provides families the information and support they need to promote and optimize their children's development and learning, both inside and outside the home.	Licensed Early Care and Education Providers
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Child Safety

Coordinated by Mono County Office of Education	Safe Kids California, Mono Partners Group of agencies and organizations dedicated to child safety. Funding also provides free bike helmets and car seats.	Children 0-5 and their families
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About First 5 Mono

Research shows that a child's brain develops most dramatically in the first years of life and what parents and caregivers do during these years to support their child's growth will have a meaningful impact throughout life. Based on this research, California voters passed Proposition 10 in 1998, adding a 50 cents-per-pack tax on cigarettes to support programs for expectant parents and children ages 0 to 5.

Proposition 10 was designed to address the lack of public funding and support for early childhood development in the wake of a growing body of scientific evidence indicating that children's emotional, physical, social, and developmental environments have a profound impact on their ability to reach their greatest potential in school and to become productive members of society.

In 1999, the Mono County Board of Supervisors established the Mono County Children and Families Commission, also known as First 5 Mono County. The County receives \$350,000 each year in tax revenues and administrative augmentations. First 5 Mono County works with local organizations and individuals to improve family functioning, child development, and child health. For more information about the First 5 Mono County Commission, contact Molly DesBaillets at 760-924-7626.

The First 5 Mono County Commission is comprised of seven voting members:

- **Stacey Adler, PhD, Chair** Superintendent of Schools
- **Jeanne Sassin, Secretary**, Elementary School Teacher
- **Kristin Wilson, MD**, Pediatrician
- **Bob Gardner**, Mono County Board of Supervisors
- **Richard (Rick) Johnson, MD, Vice Chair**, Public Health Officer
- **Bertha Jimenez**, Mono County Behavioral Health Case Manager

First 5 Mono Staff:

Molly DesBaillets, MA, Executive Director
Kaylan Johnson, Administrative Assistant/Fiscal Specialist
Annaliesa Calhoun, Welcome Baby! Home Visitor & Crowley Peapod Leader
Elvira Felix de Cecena, Welcome Baby! Home Visitor & Child Care Provider Home Visitor
Debbie Riffel, CLEC, Welcome Baby! Home Visitor
Lara Walker, CLEC, Welcome Baby! Home Visitor
Didi Tergesen, IMPACT Coordinator
Claudia Molina, Tooth Tutor
Eileen Dougherty, Chalfant Peapod Leader
Teiya Gleason, Bridgeport Peapod Leader
Chanden Robasciotti, Walker Peapod Leader

First 5 Mono County (www.monokids.org)

PO Box 130, Mammoth Lakes, CA 93546
Located at 365 Sierra Park Road, Bldg. M
Ph: 760-924-7626 FAX: 760-934-8443